



MAHARSHI AMARA (1919-1982)

### WE TEACH MEDITATION AS TAUGHT BY THE RISHIS

#### LIGHT

is the Intelligent Power behind all Creation. Light is God.

#### LIGHT WORK

is assisting all life to raise its levels of Awareness and Experience for a better living.

#### LIGHT BEINGS

are the Rishis living in this and higher planes who gather and radiate the Light of Knowledge and Energies.

#### SAPTA RISHIS

are the Hierarchy; the chosen Masters who guide all beings to live in Peace and Perfection here and then go back to their Source, the Light.

#### MAHARSHI AMARA

was a special Master who was in direct Contact with the Sapta Rishis and who channelled Knowledge and Guidelines for the New Age of Higher Living.

#### GURUJI KRISHNANANDA

is the direct Disciple of Amara. He developed Saptarshi Dhyana Yoga, the Path of the Rishis and established the Sapta Rishis' Spiritual Centre at Taponagara.

#### SAPTARSHI DHYANA YOGA

is a unique way of Meditations and positivising emotions and thoughts taught by the Rishis for proper living of both the Spiritual and Material Lives.

#### THE AFFIRMATIONS

- ★ We are particles of One Great Light (God)
- ★ Love is our nature
- ★ Silence is our language
- ★ Meditation is our way
- ★ This world is our sanctuary
- ★ The entire Creation is our family
- ★ God is our Guru; Rishis are our Guides.

# DOORWAYS

Volume 7 Issue 7

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## REFLECTIONS

Guruji Krishnananda

The Revolution by Light entered the next phase with thousands of people from all over the world channelling Light on May 7, 2012. We should not stop with this. We have to channel Light daily. More and more people have to join this. Revolutions will not begin and end in a short period. Not this one. It is a silent one also. But, I know, it is very effective.

We must also remember that the Revolution is being carried on at the Astral level. The network of the Rishis which is spread all over the world is working on this. Masters from the outer space are helping with their energies and knowledge. They are in contact with some of the Light Workers who are working on their own. In a short course of time, every one on this earth will be contacted either at the physical level or at the Astral level and will be educated about the opportunities at the end of 2012 that take us to a higher life.

I have been witnessing the impact of the Revolution by Light that began in 2008. I have been noticing the awakenings, rejecting of the corrupt ways and systems and yearning for a peaceful and just living. I have been seeing the surges of waves of changes spreading all over the world. I am experiencing the waves of the energies of changes. It may take some time for them to manifest fully at the physical level. But they will.

We are going through a very special phase of Transition. We have to live with the imperfect and corrupt systems, choose a value system and keep a balanced head in the surrounding madness of greed and violence without losing hope of a better tomorrow. These are really challenging times. More chaos and confusion are expected. In these trying times, not losing the balance and hope is very important. For that, there is no other way than the Spiritual way: Meditating and getting help from the Spiritual energies flooding the earth.

Taking help from the Light is the best option. Not many may realize this now. But, ultimately, everyone will turn towards Light. ■



### MANASA FOUNDATION (R)

Taponagara, Chikkagubbi, (Off Hennur-Bagalur Road) Bangalore Urban - 560 077. INDIA.

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e-mail : [info@lightagemasters.com](mailto:info@lightagemasters.com) website : [www.lightagemasters.com](http://www.lightagemasters.com)

**MEDITATION CLASSES****Held in Taponagara**

on Sundays (10 AM - 11 AM)

**Held in Bangalore city on**

**Sundays** (7 AM - 8 AM)

at Anjaneya Temple  
Mahalakshmi Layout

**Mondays** (7 PM - 8 PM)

at Anjaneya Temple  
Mahalakshmi Layout

**Tuesdays** (7 PM - 8 PM)

at Sri Aurobindo Complex  
1st Phase, J P Nagar

**Wednesdays** (7 PM - 8 PM)

at Arya Samaj  
C M H Road, Indiranagar

at Hymamshu  
4th Main, Malleshwaram  
at Maruti Mandira  
Vijayanagara

**Thursdays** (7 PM - 8 PM)

at Devagiri Venkateshwara  
Temple, BSK 2nd Stage

**Fridays** (7 PM - 8 PM)

at Indian Heritage Academy  
6th Block, Koramangala

**Saturdays** (7 PM - 8 PM)

at Hymamshu  
4th main, Malleshwaram

**Held in Anekal**

on Mondays (6 PM - 7 PM)  
on Tuesdays (6 AM - 7 AM)

External Guidance is available  
by post and e-mail. Please refer  
column 1 on page 6 for details.

**DOORWAYS(Eng.)/ TAPOVANI(Kan.)/  
PRAKASHMARG(Marathi)**  
Newsletter Annual Subscription Rs. 300/-  
DD should be sent in favour of  
'Manasa Light Age Foundation'  
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**NEWSLETTER**

Gift a Subscription to a friend.  
Send us the name and address,  
along with the Subscription  
amount.



7th May 2012 – Gururajji speaking during the Light Channels Meet.

**NEWS AND NOTES**

- ◆ 1000 people participated in the Light Channels Meet held at Chowdaiah Memorial Hall, Bangalore on 7-5-2012. Thousands joined from their own places through the Live webcast and many more from all over the world joined by channelling Light from their homes.
- ◆ The book “Experiences of Light Channels” was released by Gururajji during the Meet. Those interested in obtaining a free copy of the book may please write to us. E-book version of this book is also available on our website for free download.
- ◆ All the Light Channelling volunteers were honoured by Gururajji and given mementos.
- ◆ Gururajji’s Birthday was celebrated by the residents of Taponagara at the zero hour on 18-5-2012, at Anekal on 19-5-2012 and at Taponagara on 20-5-2012.
- ◆ Four books - “Gururajji Speaks (Vol-5)”, “Quotes from the Rishis”, Kannada translation of the book “Channelled Knowledge from the Rishis (Vol-2)” and Marathi translation of the book “Master-Pupil Talks” - were released on the occasion of Gururajji’s birthday celebration at Taponagara on 20-5-2012.

**MEDITATION ON SPECIAL DAYS**

04	Mon	Full Moon Day Lunar Eclipse 2.18 PM 6.48PM
12	Tue	Krishna Ashtami
17	Sun	Masa Shivaratri
19	Tue	New Moon Day
20	Wed	Ashadha Masa Begins
27	Wed	Shukla Ashtami
29	Fri	Shukla Dashami

**PROGRAM AT TAPONAGARA**

Sundays	Lectures: 11AM - 12 Noon Special Meditation and Light Channelling: 12 Noon - 1PM
4th Mon	Lunar Eclipse Special Meditation: 2.18 PM - 6.48PM

**Informal Group Meeting with Gururajji on Second Saturday, 9-6-2012 from 11AM to 1PM. Those interested may register their names in Manasa office.**

**Gururajji is listed as a Master on Speaking Tree now. Please visit [www.speakingtree.in](http://www.speakingtree.in) to read his blog and watch his videos.**

**Live webcast of Gururajji's Sunday lectures is available for students. Please contact Manasa office through email for details.**

**DVDs of Gururajji's Lectures during classes are available to members. Contact office for details.**

## LIGHT CHANNELS MEET, MAY 7th 2012

Jayant Deshpande

Guruji introduced Light Channelling in 2008 and since then we, the Meditators have been channelling Light. Then in 2009 it was introduced to school children. More than 2 million children have channelled Light since then. Guruji has also been speaking in the classes about the Spiritual importance of 2012 events and a great Revolution in Consciousness. All this knowledge and awareness have to be spread to the whole world. And May 7th event was the launch pad towards this effort; to spread this great and last Revolution by Light.

The preparation for this event began well in advance in February. While the volunteers worked at the physical level under Guruji's guidance, Guruji worked at the Astral level inviting many Astral Masters to bless this event. After a phase of thorough planning, began the phase of impeccable execution. The Volunteers' Love, dedication and hard work and the grace of the Rishis made the event a grand success. Help from Light was experienced at every stage of execution.

Close to one thousand people had gathered at the Chowdiah Memorial Hall. Masters from Shambala and many other Masters were present astrally. Message from the Rishis was delivered by Guruji with great clarity, simplicity and humility as thousands of people watched the Live Webcast of this program all over the world. When Light Channelling began at 7.45 PM, the entire hall was filled with Divine silence as a great Energy brought down on Buddha Purnima was channelled to the whole world. Thousands joined in this channelling of Light, at the same time, from different places in the world. After channelling for 15 minutes, the Light Channel Volunteers were honoured by Guruji by gifting them a memento of Light Channels. Many of them were overwhelmed with gratitude and many expressed that this was a life fulfilling moment for them.

The event gave people the Light of Hope and an Assurance from the Rishis of a glorious future; of a not very distant New Age. ■

## TAPONAGARA DIARY

Seema Almel Somayaji

The month of April brought the new energies of Ugadi and special energies of Akshaya Tritiya. Good Friday was marked with Meditations.

The soaring summer temperature could not match the fervour with which some Resident Volunteers were working for the May 2012 Light Channelling Event. Regular meetings, planning, scheduling, etc marked the entire month. Amidst the whirlwind of activities, right at the centre of it all, the soul of Taponagara – our Guruji – sat in solitude working with new Energies and attending to Astral projects we might never come to know about. Like the silent and powerful centre of a galaxy he monitored and directed the different aspects of the Event. In a small and simple place like Taponagara, large and complex projects of the Light Masters get executed.

Despite Guruji's preoccupation he made himself available for the Residents' Meet, during which, he taught us a very important lesson. The harsh summer heat and the resultant shortage of water has not kept Taponagarites wanting, even though the entire place sits on a rock and most attempts to tap underground water have failed. There is just about enough water supplied by village tankers for daily needs no more and no less. Guruji defined this as an act of Grace from God. For us it is purely Guruji's Grace. ■

## LIGHT CHANNELS WORLD MOVEMENT

This is a Movement in Conscience. A Movement to make this world a beautiful place full of Love and Peace. A Movement with no sermons or banners. A Movement where just channelling and spreading the Light are enough. Channel the Light and the Light will do everything. Everything that words cannot do.

When we channel and spread the Light, it enters others' hearts and homes and transforms the darkness in thoughts and emotions. Then the individuals transform. With the individuals, the world transforms. It becomes a place full of Light.

This is not the physical Light but the subtlest Light from the Core from which all creation has come. This Light has everything: the Power, Wisdom and the Future. And it is everywhere, unseen.

**Let us channel and spread the Light for 7 minutes daily when we wake up and go to sleep and transform the world.**

This Movement was launched on 18-5-2008 by the Galactic Council, the Sapta Rishis, through Guruji Krishnananda.

Spread this Message to all.

Visit [www.lightchannels.com](http://www.lightchannels.com)

## SHAMBALA PRINCIPLES

These are the seven principles given by the ancient Rishis which are practised by the people living in Shambala, a city of Light on earth. They live in Peace and Perfection without ageing.

- 1 Experience the Light in your Core and spread it around.
- 2 Experience and spread Love.
- 3 Experience the Oneness of Life in everyone and everything.
- 4 Carry on the daily activities first in mind, then verbalise it in soft whispers and then actualise them in deeds.
- 5 Observe the law of secrecy before achieving any goal by minimising talks about it.
- 6 Gear up the body, mind and intellect to fight out the negativities.
- 7 Draw your own lines of contentment with the material requirements to pursue higher Spiritual goals.

## GURUJI SPEAKS

(Excerpts from Gurujī's Sunday Lectures)  
(Compiled by Shobha K Rao)

01-04-2012

Meditation is the most serious thing in life. It is a process wherein we establish a relation with God, the Source; the intelligence behind all Creation. And by direct experience we understand why we are here, why we have problems and many other things.

Spirituality begins with small details in life. In every detail of life one has to be prompt, proper. Everything about you makes you Spiritual. Spirituality should be visible. The tone you use with anyone, not necessarily with a Guru, is also important.

When you think of me you get mind-linked with me and also with my energies; depending on the intensity of the link the energies respond. If you want to see me perhaps you will have a vision. If you want to talk to me perhaps these energies talk to you. You can have a dialogue. This is possible with anyone. But you have to be a little cautious, as a dark entity may impersonate me. You can crosscheck with me.

The whole system- body, mind, intellect are friends. If you want to see a light, the mind will project it. So you have to be careful. Do not fall a prey to the mind. The mind tries to please you. It overplays. So don't entirely depend upon what the mind projects.

Channelling Light is not enough. Those who channel Light have to understand Light and the workings of Light, have to first live the life in the most proper way. People will begin to look towards you. Never neglect any duty or responsibility.

I have been observing since 1977 that whenever possible people begin to commercialise, to sell. I feel sad

when I observe the commercialization of the Spiritual.

A person had picked up a technique from a book and had begun meditating. Suddenly, he began hearing sounds in the head, like crackling sounds from burning fire. He felt heat in the entire system. I asked him to stop meditating. This kind of abnormality was felt because of that practice. People who practised things wrongly in the previous lives are suffering even now. So do not ever venture to take up such practices.

08-04-2012

Individual guidance is meant for guiding in higher Sadhana. If you carry negativities you are not ready for it. You have to be patient and wait. First meditate well, experience Light, practise all the Shambhala principles, be thorough with the knowledge; then you will be ready for higher Sadhana.

When you grow spiritually you grow in every area, your whole personality will be refined. Every word that comes from you will be full of Love. Spirituality begins not with Meditations but with every detail of life.

The Photon Belt energies experienced during the Orientation class brought about temporary, mild sickness in some people. These energies do not tolerate even a trace of negativity. They tried to correct. Perhaps we have not chosen Light from the level of the soul. All these energies come to us to help, not to trouble us in any way.

Orientation session has also brought a lot of changes in people. While walking, a person experienced for a long time a kind of blankness, a state of no thoughts. Even when she was physically busy, her Awareness could go beyond the body, mind and intellect, to higher levels. It is a state

of experiencing the Bliss. One such experience is enough to change our lives.

A young girl in the ICU was very happy when her father visited her. He was full of smiles and energies. After spending some time with her, he went back and brought her mother. She realized that it was the first time he was coming. She thinks that the person who came earlier in the guise of her father was me. It was me! Not many have such beautiful experiences.

A person was in a dilemma. She asked 'how do we deal with a person who is manipulative?' I told her to follow two laws: The first law is, 'Do not dislike the person, send Love to him.' The other law is, 'not to allow exploitation.'

Some people ask 'why is it we are talking of Light now?' For the past 5000 years during Kali Yuga, Light had no chance, as it was darkness which had the opportunity. Now, we are entering the Light Age. Naturally we must know Light, experience Light and spread Light. Thanks to the new energies, people are awakening; they easily understand Light and channel Light. Earlier it would not have been possible.

15-04-2012

The questions and even the answers may appear familiar. But, please note that everytime a new point is added to the answer. You have to read our books to understand this Path, to understand about Spirituality, Meditations and life.

Retreat is a very special occasion, a rare opportunity, where you can ask new questions and I can also try to get new knowledge. The most important thing is the knowledge to live the everyday life. We have very clear instructions from the Rishis about it.

## GURUJI SPEAKS

(Excerpts from Guruji's Sunday Lectures)  
(Compiled by Shobha K Rao)

Those who want to attend retreats please prepare, as the quality of the session depends always on the questions that come to me.

Whenever we hear about an earthquake, a volcanic eruption, a cyclonic storm or a solar flare we think of their destructive part only. Spiritual energies are released at all such times. The finest example is of the recent earthquake. It was of such a big magnitude, but not a single person died. The Rishis wanted to release new energies, strong energies and they allowed this earthquake to happen.

Sometimes, people ask 'why should there be destruction?' It is difficult to understand life around us, life on this planet, the process of Creation, but it is possible. If you thoroughly understand the knowledge in our books, you will understand that even destruction is a natural process. There will be pain. There will be sadness. It is a part of the game. Whatever is created is bound to be destroyed. So God who creates and also destroys is not touched by these things. You too have to reach such stages. Meditation helps you. Light helps you. I always insist that you experience Light more.

It is the nature of a human being to share, particularly things of value. The first one who gets benefited by Light Channelling is you, as the Light cleanses the whole system when It flows through you. If you allow, It transforms you. Light Channelling is a wonderful practice. You have to tell about it to others and help them grow, but if other people are not ready you cannot do anything about it. You can only feel sorry for them.

Light solves all our problems. Whenever a problem is not solved immediately the Light gives us the courage and the wisdom to live with

the problem and the problem vanishes gradually. Light solves all problems provided you choose Light from the level of the soul. If you really choose, the Light takes over.

A non-Meditator, not known to us at all, read the book 'Practising Shambala Principles'. He said that he practised Astral travel to Shambala, as he wished to meet Lord Kalki. But from that day onwards he says that he feels the presence of a spirit around him. He writes to me 'please help me.' I asked him 'why did you try Astral travel?' He said there is no warning in the book about not to practice Astral travel. I told him that in the book there is no suggestion of travelling astrally. I have never said anywhere that you travel astrally to Shambala.

22-04-2012

A lady who visited Taponagara recently, said 'I found great energies in Taponagara.' She said that she absorbed these energies. She added 'I require nothing more. I have received everything. Hereafter, I just live on Love and Light.' While healing she passed on energies and also Light, the healing was 10 times faster! The people who receive Light like this feel peaceful, they are also given some knowledge which they receive at a deeper level. Light also helps in transformation.

We have to live like normal human beings till we reach the end of 2012. Don't make any changes. Meditate and Positivise. It is enough preparation. Understand Spirituality as just being good, honest and peaceful. If you don't prepare and just continue living a normal life, maybe you will face difficulties. Each one of us can and has to sail through 2012 events, because the Age after that is a glorious one.

We never encourage people running away, going to Himalayas. Stay wherever you are. Live this life properly, sensibly, whatever the economic condition may be. If we don't do this, I think we will be betraying the trust the Rishis have in us. When life can be simple and peaceful we mess up unnecessarily.

The human part in us is so precious. There is such beauty in relating to a person from your heart. We must have concern not merely for ourselves, our family, but to our nation and to the whole globe. Channel Light. We should not allow this human part to come in the way of our Meditations or in relating to others, or come in the way of being universal. Let us enjoy the human part, keep it alive always and make it a doorway to Universalism, not an obstacle.

The purpose of Meditation is to become silent, reach the ocean of stillness and expand. But when you follow the guided Meditation by listening to a cassette and practise Meditation, you will remain at this level only. You will not go beyond the Mantra, beyond the mind. Understand this clearly.

We have to make resolutions, relating to the Spiritual part and the material part on 'Akshaya Tritiya' and place them before God. Energies available on that day help us achieve our goals easily.

The Rishis monitor our Meditations and all our activities. Most of the times, they monitor from the higher planes.

The Orientation class was webcasted. It was meant for the persons who had registered. But these techniques were passed onto others. The people who shared these techniques have lost the benefits they gained by practising on that day. The others who practised do not get the benefits. ■

## EXTERNAL GUIDANCE

External Guidance is provided by post or e-mail for those who cannot attend the Meditation Classes. The annual fee for English is Rs 2,000, for Kannada, Marathi and Hindi, it is Rs. 1000.

Textbooks and one year's Newsletter subscription, in any language, are included in the annual Fee.

- ◆ All instructions are sent by post or e-mail (as chosen by the students) regularly.
- ◆ Initiations are made by the Rishis astrally. The progress is also monitored by them astrally.
- ◆ All questions and doubts are attended by Guruji himself.
- ◆ Sri Jayant Deshpande answers letters written in Marathi.
- ◆ The students are expected to study the Text books thoroughly and all other publications to understand Sadhana and our Path.
- ◆ The Practice Reports have to be sent in time in the stipulated format. If the Practice Reports are not received in time, it will be presumed that the student has stopped meditating.

DDs are to be drawn in favour of "Manasa Light Age Foundation ®" payable at Bangalore.

### SPECIAL GUIDELINES BY GURUJI

- ◆ Have patience. Do not expect to experience Samadhi the first day! Do not expect miracles. But miracles do occur silently when we pursue Sadhana genuinely.
- ◆ Each one faces struggles in a different way. But struggles vanish with practice.
- ◆ Each one has experiences in a special way. But do not give too much importance to these. The experiences are good. But they are not the measures of Spiritual progress.
- ◆ Do not try to analyse the processes during Meditation. Analysis does not help Stillness.
- ◆ Thoughts are common. Do not worry. Do not try to drive them away. Just ignore them. There is no other way.

## EXCERPTS FROM CORRESPONDENCE WITH GURUJI

(Compiled by Shobha K. Rao)

There is a kind of detachment definitely, though not complete. There is a deep understanding of the temporariness in life. Many times I really feel that I am just a visitor here. So I am able to watch everything, all the happenings from a distance.

- Shantha kumari H S

During my pregnancy, for about 7 months I was busy with the Light Channelling work. I was channelling Light consistently to the baby too. And I used to always talk to the baby in the womb about you and Taponagara. Now, after her birth, whenever I say 'Guruji' she always smiles and responds. When I talk about the Light Channelling technique she responds again, making expressions to convey that she already knows about it!

- Karuna Murari

Thank you very much for this wonderful webcast. Listening to you every week helps me gradually understand the basics, essential teachings and messages. Even simple messages such as 'prioritize' are quite difficult in terms of really recognizing their significance and actually practising in life.

- Lynne Karatani

Since the past few months I had been trying to evade certain family duties, trying to think of excuses not to do them. I realised that it was easier to do the work without attaching any resentment to the situation. Everything suddenly ceased to be a struggle. I also understood what it actually means to 'surrender to God' and not have any expectations. I can feel the flow of positive energy within myself once again.

- Kavita Manjunath

I have mellowed down a lot. I am able to love everybody, able to send Light and Love to everyone, even to people who apparently do not like me. I am able to understand that

everything is a play of God and finding it easy to surrender to Him. I am able to see and feel God in everything. The last few weeks of my life have been amazing!

- Jagdish Hiremath

On one level I know that I am already the Self and on another, there is an awareness that there is so much more to realize and experience. The Light Age Masters have connected me with something so ancient within. The affirmations bring about expansion and joy. I have never felt before this 'green light' to stay with the Light Masters and not stray away from them; never felt so full before. Everything else has been preparation for this.

- Marcia Stowe

I was deeply touched when a little girl opened her eyes with a big smile after the Light Channelling session, walked up to me and gave me a chocolate. It was not her birthday. She must have saved the small chocolate for herself, but had the big heart to give it to me. Her expression of thanksgiving was very touching. Only Light Channelling can help us experience such sweet gifts from shining souls! Thank you.

- Padmaja Balaji

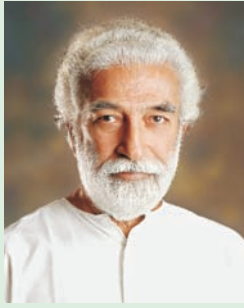
After attending the Orientation class I find a lot of positive changes in me. Now, I love to sit for Meditation. When I close my eyes I feel I am only a dot and my body feels light. I no longer crave for food. The agitations in the mind have disappeared. I feel so light in mind also. Thank you very much.

- Chella Subhadra

The best thing that has happened in my life, is joining this Meditation Course, which is enhancing me with so much deeper understanding of things, which otherwise is even beyond my perspective. Thank you very much.

- Nandita Patel





**GURUJI KRISHNANANDA (1939)**

### **MANASA FOUNDATION (R)**

established in 1988 by Guruji Krishnananda, is devoted to Light Work and conducts Meditation Training Classes in Taponagara & Bangalore city.

### **MANASA**

is a budding settlement of Meditators near Chikkagubbi village 20 KMs away from Bangalore. Amara had a Revelation in 1935 about the activities of the Rishis and about a future City of Light here.

Cosmic Tower, Kundalini Tower and Tapovana are unique places here for Meditation.

A unique field of energy called 'Manasi' is built around Taponagara and special energies are stored here.

### **ANTAR MANASA**

is the Birthplace of Manasa, at Nadagowda Gollahalli, one km. beyond Taponagara. It has the hut and other structures where Guruji lived from 1987 to 1992.

### **STUDY CENTRE**

is a unique Centre for Studies on Spiritual Realities at Antar Manasa, guided by the Rishis.

### **JYOTHI PROJECT**

is mainly for the village children. They are helped in their school studies and are taught Shlokas, Bhajans, hygiene, General Knowledge and Computers. They are also encouraged to express themselves creatively through story-telling, drawing and painting.

### **VISITORS**

are allowed on all days from 10 AM to 5 PM for Meditation.

### **APEAL**

Please help us in our service. (Cheques / DDs in favour of "Manasa Foundation") Donations are eligible for 80-G Concession under Income Tax Act.

## **MESSAGE FROM THE RISHIS**

(Excerpts from Guruji's Speech at the Event)

(Compiled by Jayant Deshpande)

My fellow human beings, this is a very important day in my life. I am an ordinary man but today I carry a very important message from the Rishis. This message is meant for everyone on this earth.

It is a message of Hope. It is a message of Assurance.

The message begins like this ...

Most of the events expected to occur at the end of 2012 will occur. But let no one panic. The world will not end. The destruction feared to be associated with these events can be prevented. This is the most important part of the message.

This destruction is related to the Spiritual Transformation of people. What is Spirituality? Spirituality is just being good, honest and peaceful. We do not have to go to temples. We do not have to go on pilgrimages. This is the essence of Spirituality. This definition comes from the Masters who bring all knowledge from higher realms.

One may ask, why is destruction related to the Spiritualisation. The most important fact is that we are entering into a new time frame, a New Age. In the New Age, this goodness, honesty and peace are the minimum conditions to live and exist. People who do not choose to be peaceful and loving cannot survive.

The New Age is not far away. It begins from end of 2012. By the end of 2012 all the people will not become saints. The Rishis say, "You don't have to completely transform. But you have to choose. Choose to be good, that is enough." Choosing qualifies us to enter into the New Age. Once many people choose, the Rishis who control the destruction will have enough reason and justification to totally avoid or minimise the destruction part.

The Revolution by Light is for Transformation. It is for preparation. It is to help us choose. It is a silent effort to bring about great changes all over the earth, taking the help of Light.

This message is for the entire humanity. All imperfect systems will collapse. They may collapse suddenly or gradually. Personally I feel the collapse will be sudden. When the systems collapse, naturally there will be chaos and confusion. But the Rishis say - do not worry. They have plans. They will help. They have seen these events many times. It is not the first time we are entering the Photon Belt.

When imperfect systems collapse, new systems come into existence. This may happen immediately or gradually. The decision in this regard is not taken, yet.

Every individual on this earth will be contacted directly. I feel so happy to repeat this. Rishis are such kind and loving people. Even those who do not change, will be taken care of with Great Love. It is not that they will be abandoned and punished. In the kingdom of God there is no punishment. Everyone is given another opportunity. A million times we fail, one more opportunity is given. The kingdom of God is full of Love.

All hidden faculties, the 3rd eye, our capacity to communicate telepathically, living on Prana etc. will open up. When the systems collapse, we may not have food. Then we may be given the gift of living on Prana. Suddenly all people will be contacted and helped.

Yesterday, during Buddha Purnima, a special energy was released. When we channel Light, even this energy will be channelled. After channelling today, please do not stop channelling. Channel everyday for a minimum period of 7 minutes.

I do not know whether I have carried the message properly or not. But the Light in you, I am sure, It has captured the message in its purity and entirety from the Light Masters. I feel this is the most fortunate moment in my life to be the messenger of the Great Rishis. ■