



MAHARSHI AMARA (1919-1982)

WE TEACH MEDITATION AS TAUGHT BY THE RISHIS

LIGHT

is the Intelligent Power behind all Creation. Light is God.

LIGHT WORK

is assisting all life to raise its levels of Awareness and Experience for a better living.

LIGHT BEINGS

are the Rishis living in this and higher planes who gather and radiate the Light of Knowledge and Energies.

SAPTA RISHIS

are the Hierarchy; the chosen Masters who guide all beings to live in Peace and Perfection here and then go back to their Source, the Light.

MAHARSHI AMARA

was a special Master who was in direct Contact with the Sapta Rishis and who channelled Knowledge and Guidelines for the New Age of Higher Living.

GURUJI KRISHNANANDA

was the direct Disciple of Amara. He developed Saptarshi Dhyana Yoga, the Path of the Rishis and established the Sapta Rishis' Spiritual Centre at Taponagara.

SAPTARSHI DHYANA YOGA

is a unique way of Meditations and positivising emotions and thoughts taught by the Rishis for proper living of both the Spiritual and Material Lives.

THE AFFIRMATIONS

- ★ We are particles of One Great Light (God)
- ★ Love is our nature
- ★ Silence is our language
- ★ Meditation is our way
- ★ This world is our sanctuary
- ★ The entire Creation is our family
- ★ God is our Guru; Rishis are our Guides.

DOORWAYS

Volume 8 Issue 2

JANUARY 2013

Rs. 25

REFLECTIONS

Guruji Krishnananda

(Excerpts from previous Newsletters)

The Knowledge that I try to spread did not come from the books. My Guru gave it to me. He had gathered this from the Rishis who gave us the Vedas. I know that this is the pure undistorted knowledge.

Truth does not require any certificate. No prop is required. It has to stand on its own and shine on its own. The knowledge that I am propagating will stand and shine on its own, if it is true.

Talking about the Work and the Projects, I do not think that I have made myself understood clearly. My task is difficult because of certain factors that I cannot reveal now and thus appearing naive and unrealistic, on point that common human sense may have drawn clearer lines. Spiritual compulsions sometimes do not go with logic and reason.

I am greatly moved by the affection and devotion shown by the Sadhaks around me. And there is so much of Love and bubbling Life in them that it gives me great satisfaction and happiness in the work.

A smile on a dry lip, a glow in a shrunken face and hope in a dark heart - not risen out of hollow promises or distant mirages but out of a new-found courage to face Life and strengthened faith in the Divine - inspire me to dedicate my next million lives to the Work.

A student submitted his note book for correction. I checked up and returned. After a few days he confronted me saying, "A thought crossed over that we should not trust anyone absolutely." I could not understand and waited for elaboration. He explained that I had not corrected one mistake! And he had absolute trust in my efficacy! I explained feebly - 'oversight'.

I could not put aside easily and went over it several times. The pupil looks at his master as perfection itself. It is natural. The Master should never slip. The role of a Master has no room for any slip. Perfection will not be perfection even with a minor flaw.

Two of my old friends expressed their reservation against touching my personal life here, in print. They made me ponder. Autobiographical notes cannot be impersonal. I am not a Sanyasi in conventional terms. I do not wear the garb. I am a Sadhak without colours. Now, I do not see any lines between the personal and the Spiritual. I have nothing to hide or reveal. I have no complaints; no regrets. I am happy as I am. ■



MANASA FOUNDATION (R)

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e-mail : info@lightagemasters.com website : www.lightagemasters.com



MEDITATION CLASSES**Held in Taponagara**

on Sundays (10 AM - 11 AM)

Held in Bangalore city on

Sundays (7 AM - 8 AM)

at Anjaneya Temple
Mahalakshmi Layout

Mondays (7 PM - 8 PM)

at Anjaneya Temple
Mahalakshmi Layout

Tuesdays (7 PM - 8 PM)

at Sri Aurobindo Complex
1st Phase, J P Nagar

Wednesdays (7 PM - 8 PM)

at Arya Samaj
C M H Road, Indiranagar
at Hymamshu
4th Main, Malleshwaram

at Maruti Mandira
Vijayanagara

Thursdays (7 PM - 8 PM)

at Devagiri Venkateshwara
Temple, BSK 2nd Stage

Fridays (7 PM - 8 PM)

at Indian Heritage Academy
6th Block, Koramangala

Saturdays (7 PM - 8 PM)

at Hymamshu
4th main, Malleshwaram

Held in Anekal

on Mondays (6 PM - 7 PM)
on Tuesdays (6 AM - 7 AM)

External Guidance is available
by post and e-mail. Please refer
column 1 on page 6 for details.

**DOORWAYS(Eng.)/ TAPOVANI(Kan.)/
PRAKASHMARG(Marathi)**
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NEWSLETTER

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Send us the name and address,
along with the Subscription
amount.



Guruji's Holy Ashes were placed in this prayer hall in Antar Manasa
on 14th December 2012

NEWS AND NOTES

- ◆ Guruji attained Maha Samadhi on the morning of 23-11-2012. Thousands visited to have his last Darshan and pay their final respects.
- ◆ About a thousand people gathered, prayed and channelled Light to him before the cremation at 12 Noon on 24-11-2012 at Tapovana.
- ◆ A Pyramid shaped structure has been built at the place where the cremation took place.
- ◆ The Holy Ashes have been placed in the Pyramid shaped structure in Tapovana and at Antar Manasa.
- ◆ More than 150 Meditators gathered in the Meditation hall at Taponagara and meditated during the Lunar Eclipse on 28-11-2012.

**UPDATE ON LIGHT CHANNELLING
WORK IN SCHOOLS**

- ◆ Our Volunteers conducted more than 400 sessions in November 2012. More than 1,30,000 children channelled Light in these sessions.
- ◆ More than 23 lakh children have channelled Light at least once so far and close to half a million children in more than a thousand schools channel Light almost daily in their schools during the school prayers.

MEDITATION ON SPECIAL DAYS

| | | |
|----|-----|---------------------------------------|
| 05 | Sat | Krishna Ashtami |
| 10 | Thu | Masa Shivaratri |
| 11 | Fri | New Moon Day |
| 14 | Mon | Uttarayana begins Makara Sankranti |
| 19 | Sat | Shukla Ashtami |
| 21 | Mon | Shukla Dashami |
| 27 | Sun | Full Moon Day |

PROGRAM AT TAPONAGARA

| | |
|---------|--|
| Sundays | Lectures: 11AM - 12 Noon Special Meditation and Light Channelling: 12Noon - 1PM |
| 2nd Sun | Shambala group meeting at 2PM |
| 3rd Sun | Ra group meeting at 2PM |

Many Meditators spread around
the world have expressed their
heartfelt condolences for Guruji.
We thank each one of them.

Live webcast of Sunday lectures is
available for students. Please
contact Manasa office through
email for details.

Akhanda Dhyana is arranged on
30-12-2012 from 6AM - 6PM in
Taponagara. All are welcome.

TAPONAGARA DIARY

Seema Almel Somayaji

Meditators of Manasa Foundation triumphed in the face of the worst that could ever happen to them - Guruji's transition into the non-physical realm. On 23rd November Guruji breathed his last; Taponagarites were asked to brace up as the temple of his soul - his physical body - would be brought home. Munikrishna, who, over many years grew from being a simple village farm hand to Guruji's trusted assistant for all construction jobs, had made arrangements just as his mentor would have advised. Volunteers had arrived and with dignified silence Taponagara received Guruji.

The final Darshan service was observed outside the Cosmic Tower and was stretched for thirty hours so that visitors from other cities could pay their tributes. Many rushed from Mumbai, Delhi, Pune, Chennai and other cities. Everyone who came to pay homage, right from a local villager, a high-profile minister, a Meditator student, to an acquaintance, displayed their emotions with soulful tears and reverential silence. Many felt waves of Light and blessings emanating from Guruji's body as they sat in meditative surrender at the service. Everyone felt that his body looked alive; as if he would wake-up any minute. Throughout the night before cremation, Volunteers took turns in groups to maintain the sacred place. Some resident ladies put an impromptu plan together and prepared a simple dinner for all Taponagarites, when nobody was in any condition to cook a meal. As a large family each supported the other. Coincidentally, one of the dishes prepared was Guruji's favourite.

All the while, a section in Tapovana was being prepared for the Holy Pyre by some Volunteers, Munikrishna and his support group from the village.

The cremation was scheduled for 12 Noon the next day, so at 11:30AM the solemn procession towards Tapovana started. Punctuality was one of Guruji's key disciplines and it was followed thoroughly. Hundreds gathered around the cordoned off area surrounding the Sacred Pyre. It had rained the previous day; so Nature paid condolences by keeping the atmosphere rain-free, yet cloudy enough to soothe our immense pain. With no rituals, the final rites were performed in a simple and majestic manner. For the next few hours there was absolute dignified silence. As the flames of the Pyre roared, Guruji's physical body merged into Taponagara forever.

For the next day's Sunday Class, the Meditation Hall, dining area, Office and the campus had to be cleaned and prepared. The resilient Volunteers wiped their tears and swung into action with a smile on their lips. The Holy Ashes could be collected only after the next four days, so Taponagarites kept vigil even through the severe cold of the winter nights. Under the stars, next to their Master, they sat in Meditation.

A seed never sees the flower it blossoms; however everyone felt that Guruji was right in their hearts and was actively watching over every detail. Each manifested all that he had so patiently taught - Oneness, co-operation, calmness and dedicated service to the Rishis. ■

LIGHT CHANNELS WORLD MOVEMENT

This is a Movement in Conscience. A Movement to make this world a beautiful place full of Love and Peace. A Movement with no sermons or banners. A Movement where just channelling and spreading the Light are enough. Channel the Light and the Light will do everything. Everything that words cannot do.

When we channel and spread the Light, it enters others' hearts and homes and transforms the darkness in thoughts and emotions. Then the individuals transform. With the individuals, the world transforms. It becomes a place full of Light.

This is not the physical Light but the subtlest Light from the Core from which all creation has come. This Light has everything: the Power, Wisdom and the Future. And it is everywhere, unseen.

Let us channel and spread the Light for 7 minutes daily when we wake up and go to sleep and transform the world.

This Movement was launched on 18-5-2008 by the Galactic Council, the Sapta Rishis, through Guruji Krishnananda.

Spread this Message to all.

Visit www.lightchannels.com

SHAMBALA PRINCIPLES

These are the seven principles given by the ancient Rishis which are practised by the people living in Shambala, a city of Light on earth. They live in Peace and Perfection without ageing.

- 1 Experience the Light in your Core and spread it around.
- 2 Experience and spread Love.
- 3 Experience the Oneness of Life in everyone and everything.
- 4 Carry on the daily activities first in mind, then verbalise it in soft whispers and then actualise them in deeds.
- 5 Observe the law of secrecy before achieving any goal by minimising talks about it.
- 6 Gear up the body, mind and intellect to fight out the negativities.
- 7 Draw your own lines of contentment with the material requirements to pursue higher Spiritual goals.

EXCERPTS FROM SUNDAY TALKS BY JAYANT DESHPANDE

(Compiled by Shobha K Rao)

04-11-2012

A genuine Guru follows all the laws of the human plane and also the higher laws. He guides and passes on his love to anyone who comes to him.

Guruji mentioned casually 'I carry many crosses.' In a way all of us are his crosses, until we learn to walk and carry our crosses. Once, when Christ was in link with him, Christ said 'whenever a person cheats another person he crucifies me.' We should stop for a while, introspect honestly and do course correction.

Guruji told us that what goes on in our minds when we are alone is very important. It indicates our Spiritual state.

During the Residents' meet Guruji told us that there are highs and lows in all aspects of life. It's a natural thing. If we trust God and know that He loves us, we can accept anything. He also said that there is nothing like Spiritual and material.

A question was asked 'Do the Rishis cause destruction?' The Rishis have passed on immense knowledge and energies to help us to grow and change. When we spiritualise there will be no necessity for destruction.

Guruji says that Meditation is a very serious practice, a way of life, through which we attain Mukti, which is also a serious thing. Initiation is much more serious. Rishis sit for thousands of years in Tapas, gather Tapas-shakti, pass it on during initiation. When the Tapas-shakti is exhausted they sit for Tapas again to gather energies. Initiation is therefore a very sacred thing.

In Meditation our Awareness expands. We have to allow the expansion to manifest in our living

at all levels, which is also a part of Sadhana. This practice helps us to expand more whenever we meditate. The inner and outer expansions are interlinked.

In Meditation we have to be aware of the Chakras and don't have to see them. We know it is the grace from the Rishis that activates the Chakras and also helps us to experience Light.

Guruji says that struggles and failures are special features of this earth. To experience such things people from other planets take birth here.

Somebody asked, 'If we do something half-heartedly will we be acquiring Karmas?' Guruji said, 'We can't say we will be acquiring Karmas but it is spiritually not proper. Whatever we do has to be done with total sincerity.'

Guruji has told me to tell you that whether he comes here or not, please follow the Rishis, follow all the principles. He also said, "I will attend to you individually at the Astral level." He was vibrating with love, concern for us and sincerity. Let us reciprocate with the same sincerity.

11-11-2012

This is the time to give up all that we have understood as wrong and sincerely practice all that we have understood as right. This is the time to forgive ourselves and others and move on.

Guruji was an enlightened Master and could easily know about his past. But he lived in complete surrender.

Guruji also prayed like all of us. But when it did not happen his way, he accepted the development completely, respecting it fully as God's wish. If we can learn to apply this in our lives, life can be very

peaceful and joyful.

Guruji said, 'Look at the sky when you step out. There is something in its beauty which elevates us. If we experience it we will stop thinking small.'

During one of the informal talks Guruji said, 'You should accept a person completely, with all his or her positives and negatives. We should not suffocate others with our emotional demands. If you can manage human relationships sensibly then that is a sign of your Spiritual progress.' Guruji noticed our strengths, weaknesses, waited for us to notice our shortcomings, mistakes and overcome them. Whenever a work was delegated, he never asked about it. He respected and trusted us completely.

When we relate to the negative part in a person, try to correct him or grumble about it, it creates distances, unpleasantness. I have also observed that children do not learn much from our scolding or lecturing. But they learn by observing how we behave.

A question was asked 'can a genuine experience enable a person to manifest Divine qualities like unconditional love; if we somehow are able to manifest unconditional love will it lead to a genuine Spiritual experience?' Guruji replied 'both are true.'

18-11-2012

Guruji's spirit and love for life was admirable! Although he was very weak he attended the Diwali celebrations at Taponagara. He said that life must go on.

When Guruji came to know that he had Cancer, he said, 'If God has allowed this I accept it.' He lived in complete realization that God loves him and everybody.

Guruji said that he surrendered completely to the doctor, accepting the doctor as a channel of Light. This helped the Light to operate through

EXCERPTS FROM SUNDAY TALKS BY JAYANT DESHPANDE

(Compiled by Shobha K Rao)

the doctor. Surrender in every detail of life - that was our Guruji!

I have observed that Guruji would somehow notice the beauty of any place that he visited and also admire it. He said that we have to notice the goodness in the world.

During his last days in the hospital he spoke on beautiful points. He said he wants everybody to know that they can change; that they can smile and they can love. He said, 'Never think bad of a person. This is an opportunity to rise above all such things. This place is like a school. Here we learn, understand.' He said that God's grace is helping him through the good people in the hospital. God is always with us. He said that before we act, God gives His opinion and tells us to follow it. But as we have Freewill, we may or may not follow it. This is the truth.

He added 'God takes care of everyone. This is the time to understand God. He is the most important Universal Truth. People do not understand Him, therefore they struggle. We have to accept Him. He is our Creator. The world is beautiful. We, who are with the Rishis have to understand Him. People are in different stages of Spiritual growth, we have to give them time to grow. Guruji said that the best contribution to a Guru is to understand him and implement his teachings.

He added 'God is speaking through me to tell you that we are always connected to Him through a human Guru, who is connected to Rishis, who in turn are connected to God. God is connected to everyone all the time. What a great Truth! The basis of everything in the world is Love. The whole Creation emerged from Love. It takes care of everything. At the highest level I think there is only Love.' He continued, 'I wish everyone rises to that level and understands these things.' Finally he said, 'Please read

'Doorways to Light' again. You will understand many things.'

25-11-2012

It is so difficult to believe that Guruji is not here with us in his physical body. His physical presence meant so much to us. Everybody could not interact with him personally but the awareness that he is there, made such a big difference. His message was simple. "Follow the Rishis." Let us assimilate as much as possible, consciously try to live whatever he has taught us.

Guruji said 'healing energies are helping.' He said 'Oh God, I have received so much. There is relief. Otherwise it would have been difficult to manage.' He said that the Karmas cannot be removed with healing energies; he has to go through it. Guruji has given the much needed relief to one and all during their times of pain or problems, by taking upon himself a part of their karma. From a very young age he has been taking upon himself the Karmas of others.

Guruji filled the hospital with Light. His heart was filled with gratitude for the people who were helping him. He wanted to help all the patients, everybody there. He passed on energies to them.

Once, Guruji mentioned that if there is a place or a situation which is hopeless, with absolutely no hope, he would go there and generate hope. Perhaps there is such a situation somewhere and he is required there. The immense knowledge and energies brought down by him will help generations to come. He would always say 'let there be no hurry. Let us understand thoroughly, slowly.'

During the last few days he was very happy and peaceful. He asked

me to tell all the students that he loves them and these words were coming from the heart. He was very weak, but the human part in him was very much intact and alive. He had the same loving smile for everyone; it was an integral part of his personality. It could not be separated from him.

He had beautiful relationships with everyone he met. It just happened to him naturally. And Guruji was 'love personified.'

He was very sad about December 2012. He said, 'It is very sad as majority is not ready.' He said that God is talking all the time to every individual. He wants everybody to move to the New Age. It is up to us to choose. We know that everybody is being educated at the Astral level. People will be guided based on their level of Awareness and Spiritual growth.

Guruji must have been very proud and happy to see how beautifully our volunteers worked after he passed away; everything was organized, everybody was so calm, disciplined and dignified. It has become natural to us now. He has prepared and trained us.

Guruji would always plan every detail systematically. He would always be very clear even in guiding. It was so touching to know that he left a few instructions even about the place of his cremation, place to keep his ashes, which helped us so much. His ashes, his energies are meant for everybody, for the entire world. He would have passed on special energies to all of us when he passed away. Many felt them.

I could not make arrangements for people to meet Guruji in the hospital. But all of you understood and cooperated. It was really very touching and beautiful! ■

EXTERNAL GUIDANCE

External Guidance is provided by post or e-mail for those who cannot attend the Meditation Classes. The annual fee for English is Rs 2,000, for Kannada, Marathi and Hindi, it is Rs. 1000.

Textbooks and one year's Newsletter subscription, in any language, are included in the annual Fee.

- ◆ All instructions are sent by post or e-mail (as chosen by the students) regularly.
- ◆ Initiations are made by the Rishis astrally. The progress is also monitored by them astrally.
- ◆ All questions and doubts are attended by Jayanth Deshpande.
- ◆ Sri Jayant Deshpande answers letters written in Marathi.
- ◆ The students are expected to study the Text books thoroughly and all other publications to understand Sadhana and our Path.
- ◆ The Practice Reports have to be sent in time in the stipulated format. If the Practice Reports are not received in time, it will be presumed that the student has stopped meditating.

DDs are to be drawn in favour of "Manasa Light Age Foundation ®" payable at Bangalore.

SPECIAL GUIDELINES BY GURUJI

- ◆ Have patience. Do not expect to experience Samadhi the first day! Do not expect miracles. But miracles do occur silently when we pursue Sadhana genuinely.
- ◆ Each one faces struggles in a different way. But struggles vanish with practice.
- ◆ Each one has experiences in a special way. But do not give too much importance to these. The experiences are good. But they are not the measures of Spiritual progress.
- ◆ Do not try to analyse the processes during Meditation. Analysis does not help Stillness.
- ◆ Thoughts are common. Do not worry. Do not try to drive them away. Just ignore them. There is no other way.

GURUJI AS IS

Abhilashitha Vinay

As I sat to write about the person I never imagined my life without, I am filled with emotions that my words fail to express its entirety. The words he spoke, the lessons he taught were well ahead of his times and yet always practical and relevant to the times we live in. He always believed in practical, sensible living and emoting in moderation. To me he was and always will be a personification of Life itself!! A person who not only accepted but celebrated life's every moment. His living exemplified how a person, with continuous effort and pure intent, irrespective of his background and upbringing, can grow and reach the pinnacle of being a human in all its glory. In all my life, I personally haven't come across a person with such dedication, Love and reverence towards Rishis, their work and his Guru. As kids we were told many stories of Amara. Even though we couldn't meet him, we had the pleasure of growing up seeing someone who lived exactly like Amara. That can only be Guruji who lived up to and exceeded every expectation of his Guru.

Guruji was someone who would protect and take care of those who came to him no matter who it was. I am sure we all have been protected and saved by him at some point in our lives, some way or the other. And I am absolutely sure that we will continue to be protected and guided by him from now on forever. Only a great Master such as Guruji, with unconditional love not only for his students but also for the entire humanity, does something like this. A person like him takes birth once in a million years. It was revealed that he was once a Great Pharaoh. To me he was a great pharaoh even in this lifetime. It reflected in his living, in every action, thought and words. He will always be a Great Pharaoh!! ■

GURUJI IN MY LIFE

Padmaja Balaji

I became a child and cried when I met my beloved Guruji of Forever for the first time. And I cried for the next one week on how he had bridged the gap of light years of Purity with his humility and smile. Sitting miles apart for years, I wrote to him about angels, pigeons, matadors, dreams, books, poems, losses, decisions and what not, and he replied tirelessly with his wit, wisdom, energies and Love. It's no exaggeration if I say that I had sat for hours in silent tears after reading his pampered responses. And whenever I met him, his awesome Power and Love overwhelmed me greatly. It was he who showed me how it feels to be ancient and newborn at the same time. One intense meet with Guruji is enough to learn how to treat everyone as special. It is my fortune that I came under his Spiritual umbrella somehow.

It was in September 2010 that I met Guruji for the second time. While talking to him, I looked at the watch as it was 5 minutes to go for the Shambala Class. Guruji reassured me not to worry. As feared, the class was delayed because of which the initial practices were skipped. What he said in the class shocked me... Lord Maitreya was about to preside but Lord Kalki decided to come at the last minute; and that he said sorry to the Lord who came on time and waited. When I wrote my tearful apologies, Guruji replied not to worry as Lord Kalki did not mind!

I miss him terribly now... yet I don't as his glowing cinders that I witnessed had already whispered to my heart to resonate his Light and mission - *'I live for the work. I work for the Rishis. I dream for the world.'* Well, I am also nurturing a secret wish remembering his words *'All Rishis are Amaras!'* ■

GURUJI

Usha Satishchandra

Every time we met Guruji our deepest desires, dreams were unfurled, harnessed, harvested and fulfilled. He subtly and gracefully blended the Divine and human in him. He would very gently and patiently lead us to relate to him always, at all levels. He effortlessly led us to follow his rhythmic footsteps to balance both our Spiritual and material life.

He has paved the way for the transition into Light Age by manifesting everything the Universe carries in his way of life, teachings, humility and Divinity. His unconditional Love has embraced each one of us in the aura of his undiminishing Light. He is deeply etched in our core. He lives in us and we live by him. One cannot but be in awe of his ever charming, endearing smile and magnificent personality. A Spiritual guide, a visionary, a dreamer, a Master for eternity- that was our Guruji! ■

MY SPIRITUAL FATHER

Vaishali Joshi

At a time in life when I felt anchorless, a new door opened and God showered his biggest blessing by bringing Guruji, my Spiritual father into my life; a loving father who while giving innumerable opportunities, patiently allowed me to learn my lessons at my own pace and showed me the way to live life in peace and contentment.

The comfort of his rock solid support gave enormous strength to be steadfast and overcome any obstacle; his grace helped to get the best even in the most adverse circumstances; his Love nurtured the growth of the entire personality. He taught us to live life fully, exemplified all that he taught, and was magnanimous and selfless in every word and gesture. He is and will continue to be the guiding Light of my life forever. ■

EPITOME OF LOVE

Rakhee Chopra

Guruji's stature is incomparable. Guruji was a real inspiration; a true guide and a God sent Master for the entire humanity.

Guruji brought hope to many without hope. He gave us complete freedom and endless Love. He gave us freedom to even commit mistakes and fall, but would always stand by, to pull us up and make us walk again. He gave us strength and confidence to take big strides on the toughest roads. Such was his Love for his students, that even after leaving his human body he is still holding our hands and making sure that we don't stumble in our life. He worked till his last breath for humanity. He was indeed 'An Epitome of Love.' The real tribute to this great Master would be to 'experience and manifest Love.' ■

HE WENT BACK

Brajabandhu Mishra

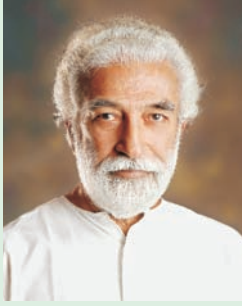
Guruji used to say, "I am ready to go back. Whenever Rishis call, I will go." Rishis gave a call on Sunday and he left us on Friday. He was someone whom we loved most. He was the best person on this earth. He was Love personified. He loved and respected everyone equally and to the greatest extent.

He used to tell us, "Accept everything as a gift from God." He demonstrated it by accepting his health problem as a gift from God. He taught us, "Love, accept, celebrate Life. Don't complain, don't grumble." He celebrated Life till his last breath.

It is definitely Guruji's Grace, because of which we got associated with Him. All his students are really fortunate. Indeed we lived with a Mahatma and walked with a Mahatma! ■

LIST OF OUR PUBLICATIONS

| | |
|--|------------|
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| 2012 முடிவா அல்லது தொடக்கமா | 100/- |
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| ಕಾಂತಿಕೆ ದ್ವಾರಮುಲ | 150/- |



GURUJI KRISHNANANDA (1939 - 2012)

MANASA FOUNDATION (R)

established in 1988 by Guruji Krishnananda, is devoted to Light Work and conducts Meditation Training Classes in Taponagara & Bangalore city.

MANASA

is a budding settlement of Meditators near Chikkagubbi village 20 KMs away from Bangalore. Amara had a Revelation in 1935 about the activities of the Rishis and about a future City of Light here.

Cosmic Tower, Kundalini Tower and Tapovana are unique places here for Meditation.

A unique field of energy called 'Manasi' is built around Taponagara and special energies are stored here.

ANTAR MANASA

is the Birthplace of Manasa, at Nadagowda Gollahalli, one km. beyond Taponagara. It has the hut and other structures where Guruji lived from 1987 to 1992.

STUDY CENTRE

is a unique Centre for Studies on Spiritual Realities at Antar Manasa, guided by the Rishis.

JYOTHI PROJECT

is mainly for the village children. They are helped in their school studies and are taught Shlokas, Bhajans, hygiene, General Knowledge and Computers. They are also encouraged to express themselves creatively through story-telling, drawing and painting.

VISITORS

are allowed on all days from 10 AM to 5 PM for Meditation.

APEAL

Please help us in our service. (Cheques / DDs in favour of "Manasa Foundation") Donations are eligible for 80-G Concession under Income Tax Act.

SALUTATIONS TO GURUJI FROM FACEBOOK AND E-MAILS

(Compiled by Shobha K Rao)

Guruji is the best person that I have ever met in all my life so far. I feel really blessed to have seen him just last month. Thanks a million dear Guruji, for all that you have given us by sacrificing your own life! I am sure you will guide us from wherever you are for the rest of our lives; hope to live up to your expectations for the rest of my life.

- Poornima Heaven

May his soul rest in peace! Guruji was a very sweet soul who answered my messages whenever I had questions. I feel blessed and offer my prayers to such a great and noble soul.

- Usha Ramchandra Nair

I am saddened and shocked by his departure, especially so close to December 21st. I met him in person in 2009 at his ashram; I was attracted by his Light and message.

- Stephen Kenny

My deepest gratitude Guruji, for being the Light in my life. As you said we meet again in the next cycle. Till then I will personally carry Light and take it forward to all.

- Kiran Singh

I saw Guruji, Sapta Rishis reciting 'Krishna' on 23.11.12 morning during Meditation. I was taken by surprise and wanted to mail about it but before that got the news. Thank you Guruji, for being my guiding Light in my Journey within.

- Neeta Sharma

Guruji Krishnananda was truly a silent beacon of Light. May he shine always and be a guide to all. His books are simple messages filled with love.

- Dr. Trupti Jayin

I know he will guide us always but still I am not able to digest this truth. We know now he is in the soul form, but it pains.

- Chythanya Sargo

He is beyond death - immortal, love him always!

- Radha Kirtane

It was my fortune that I have you as Guru; koti koti pranam. Please bless us in our Spiritual growth, so we can contact you, as you were doing with Maharshi Amara.

- Dhara Bhattraival

Your physical absence will be missed but our love and respect has grown much stronger and will continue to do so. Keep showering your soothing blessing on us perennially.

- Chandramauli Bhatt

Perhaps Saptarshis need you Guruji to be with them to save this world from pain. But you will always be with us in our prayers.

- Jolly Bhatt

He is still around. No need to say goodbye.

- Takahiro James Nala Friend

Your physical void can only be filled by following the Rishis.

- Sandip Banerjee

I am so very sorry to hear this sad news. Even though I live far away, Guruji is very dear and special to me, and I will attend the services astrally. Oddly before reading your message, I saw Guruji first thing when I woke up. I felt a sudden need to watch some of his old lectures. He will be missed by many, but he is also still with us. This somehow makes me even more determined to choose Light, to radiate only Light and Love.

- Linda Sawyer

A very sad day indeed! The super soul who took us all from Darkness to Light is no more in this physical form.

- Prasanna